***Improve your balance and mobility,***

***Socialise***

**Realise I’m not falling as much Great!**

JOIN

**Let’s Get Moving Group**

Feel good after the session. Love the tea and chat to exchange tips

**Wednesday’s**

**11.30am – 12.30pm at the**

**Coventry & North Warwickshire Sports Ground**

**Binley Road, Coventry**

HELPFUL movement followed by tea and chat.

Cost £1

**Can’t believe the difference in the few weeks I’ve been coming**

All the advice has been really good and very useful

**Organised by the Patient Voice and fully supported by the surgery. Speak to the Doctor or Nurse today**